

HEALTH AND SAFETY

HEALTH AND SAFETY POLICY STATEMENT:

TwistFizz C.I.C. is strongly committed to encouraging community to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our junior athletes to participate within these boundaries.”

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the tennis venue and all activities undertaken by the C.I.C.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that everyone is given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the C.I.C.’s health and safety policy.
- Appoint a competent C.I.C supporter to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by participants.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any C.I.C activity or whilst on the premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A PARTICIPANT YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the C.I.C. on health and safety issues.
- Correctly use all equipment provided by the C.I.C.

- Not interfere with or misuse anything provided for your health, safety or welfare.

TWISFIZZ C.I.C. HEALTH AND SAFETY OFFICER: Lyndall Newton-Early.....

FIRST AID: Location of first aid facilities: ...Eltham Park South Tennis Office.....

Location of telephones:Coach mobile phone on person

QUALIFIED FIRST AIDERS:

1.....Lyndall Newton-Early

2.

